

Healthy Habits Membership Application Form

Woodley Town Council offers a membership scheme that is exclusive to residents of Woodley. Our Healthy Habits Membership offers discounted prices on select sports and exercise activities at Woodford Park Leisure Centre. To apply for Healthy Habits Membership, you will need to provide:

- **Proof of address (proof that you live in Woodley)**
- **Proof of identity and age (e.g., driving licence or passport)**

We will need to take a photograph of you at reception for your profile when you register.

Your Healthy Habits membership will be valid for one year starting from the date of your registration. Membership costs **£20.00 for adults** or **£10.00 for children (-18) and senior citizens (60+)**.

Your Details:	
Your Name:	Age:
Address:	Post Code:
Contact Number:	
Email:	
Emergency Contact (Name & Number):	

Office Use Only

Year 1:		
Proof of address checked:	HH card number:	
Proof of identity / age checked:	Membership expiry date:	
Staff Name:	Amount Paid:	Date Paid:
Year 2:		
Proof of address checked:	HH card number:	
Proof of identity / age checked:	Membership expiry date:	
Staff Name:	Amount Paid:	Date Paid:
PLEASE COMPLETE A NEW MEMBERSHIP APPLICATION FORM AFTER THE END OF YEAR TWO.		

Health and Exercise Awareness Information

There are many benefits to be gained from regular exercise. However, for a small number of people taking part in physical activity without first consulting a medical professional is not recommended.

Please take some time to read through the following statements. If any of these statements apply to you we strongly recommend that you seek professional medical advice before taking part in exercise:

- You have had a major illness or injury within the last five years.
- You are currently receiving treatment for any diagnosed medical condition.
- You are currently taking any prescription medication.
- You have previously been diagnosed with high blood pressure, a heart condition or had heart surgery.
- You sometimes experience heart palpitations or irregular heartbeats.
- You sometimes have dizzy spells, feel faint or suffer from blackouts.
- You sometimes feel pain, pressure, heaviness or tightness in your chest either whilst exercising or whilst at rest.
- You sometimes get unusually short of breath or suffer from asthma or another respiratory condition.
- You have previously been diagnosed with diabetes or epilepsy.
- You are currently pregnant or have given birth within the last six months.

The above list is not extensive and you should still seek the advice of a medical professional prior to your participation in exercise if you suffer from another condition, injury or illness that is not included on this list.

Please remember that it is your responsibility to make sure that you are medically safe to take part in exercise.



Terms and Conditions

- Healthy Habits Membership only allows discount off of select activities to the person named on the membership application form. You, the member, must be present when making payment for an activity where discount is being applied and a valid Healthy Habits Membership card must be shown in order to receive any discount.
- It is the responsibility of you, the member, to ensure that your membership card is not used by anybody else and that all of the information you have provided to acquire your membership is correct. Misuse of your membership in any form may result in its permanent termination without grounds for reimbursement or refund.
- Where unreasonable damage is caused to equipment by you, the customer, by signing these terms and conditions you accept responsibility for paying any necessary repair or replacement fees.
- It is the responsibility of the customer (you) to have read through the above Health and Exercise Awareness Information and to be aware of how in some instances exercise can negatively impact a person's health.
- It is the responsibility of the customer (you) to ensure that you are medically safe to participate in sport and exercise and also to inform any instructors of any health issues or injuries that you are currently suffering from.
- Woodley Town Council is under no liability in respect of personal injury, harm, loss or damage (including to personal property), however caused, except by proven negligence on the part of the Council or its employees.

By signing below, you are accepting all of the terms and conditions bulleted above:

Name:

Signature:

Date:

If the applicant is under the age of 18 years then a parent / guardian must sign this form on their behalf.

Data Privacy Notice

Woodley Town Council is the data controller for your data. By submitting this application, you consent to the Council storing and processing the personal data you have provided for the purpose for which it was submitted. For full information on how we will process your data, including who it may be shared with, where it will be stored, how it will be protected, and how long it will be stored, please see our **General Data Privacy Notice** (www.woodley.gov.uk).
